Do you like supporting companies that produce products that are Union Made in the United States? That is a silly question of course you do! Since 2002 Ethix Merch has been committed to helping people like you make ethical purchasing decisions.

In order to continue on our mission we created this handy little guide to help you at the grocery store. The Union Made Grocery List is filled with a variety of “grocery” products that are made by fellow union members including:

Bakery, Confectionery, Tobacco Workers and Grain Millers (BCTGM), United Food and Commercial Workers (UFCW), Machinists (IAM), United Farm Workers (UFW) and Teamsters (IBT)

Inside you will find union made options for some of your favorite beverages, snacks and other foods that you probably already buy on a regular basis.

By the way if you haven’t already done so please download our Practical Guide to Better Cooking, Tips For The Culinary Impaired. This guide is packed full of useful cooking tips & advice created to make anybody a culinary rock star if only in their own kitchen.

In Solidarity,

Kevin O’Brien
### Snacks
- Munchos Potato Crisps
- Nabisco Nilla Wafers
- NutriGrain Bars
- Nutter Butter
- Old El Paso Chips, Dips & Salsa
- Oreos
- Orville Redenbacher Popcorn
- Pinwheels
- Premium Crackers
- Quaker Oats Granola Bars
- Quaker Snack Mix
- Rice Krispies Treats
- Ritz Crackers
- Rold Gold Pretzels
- Royal Brand Pudding & Gelatin
- Ruffles
- Slim Jim
- Smartfood Popcorn
- Snackwells
- Snyders of Berlin
- Stacy’s Pita Chips
- Sun Chips
- Tastykake
- Teddy Grahams
- Tostitos
- Tostitos Dips & Salsas
- Triscuit, Vegetable Thins
- Welch’s Fruit Snacks
- Wheat Thins

### Soda & Bottled Water
- American Spring
- Barq’s Root Beer
- Coke Products
- Minute Maid
- Pepsi Products
- Pocono Northern Fall’s
- Poland Spring
- Welch’s

### Canned Foods
- Chef Boyardee
- Del Monte
- Dinty Moore
- Green Giant
- Hanover
- Hormel
- Libby’s

### Healthy Brands
- Andy Boy
- Andy Boy Vegetables
- Bicks
- Blue Diamond Almonds
- California Mushroom Farm Inc
- EuroFresh Farms Vegetables
- Cortland Valley
- EBRO
- Eurofresh
- Flanagan
- Fresh Express Salads
- Green Hills
- Hidden Valley Salad Kits
- Kitchen Fresh
- Krrrrisp Kraut
- Mann’s Brand Vegetables
- Monterey Mushrooms
- Ocean Spray Cranberries
- Purely Idaho
- Rose Brand
- Silver Floss
- Spartan
- Sunkist Citrus Fruit
- Sunny Shores
- Sunripe Tomatoes
- Topless Brand
- Vlasic Old Fashioned Sauerkraut

### Soups
- Campbells
- College Inn
- Healthy Choice Soups
- MC Soups
- Snider Soups
<table>
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<th>Condiments</th>
<th>Meats &amp; Deli</th>
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### Juice

- Appletime
- Bright Stock
- Clamato
- Fruit Blasters
- Guana
- Guava juice
- Hawaiian Punch
- Hiland Dairy
- International Delight
- Lincoln
- Lucky Leaf
- McCain Foods
- Melody Farms
- Minute Maid
- Musselman
- Pineapple Juice
- Red Cheek
- Roberts
- Southern Belle
- Speas
- Tres Monjitas
- V8
- Welch's
- Budweiser American Ale
- Busch
- Butte Creek Organic Collection
- Butte Creek Organic Collection
- Carmel Wheat Beer
- Carmel Wheat Beer
- Clear Creek Ice
- Czechvar
- Dundee Craft Beer
- Eye of the Hawk
- Genesee Brewery
- Goose Island
- Hamm's
- Henry Weinhard's Blue Boar
- Henry Weinhard's Private Hoegaarden
- Honey Amber Rose
- Huber Bock
- Huber Premium
- Icehouse
- Kirin
- Labatt's
- Landshark Lager
- Lazy Mutt Farmhouse Ale
- Leffe Blonde
- Leinenkugel's
- Lionshead
- Mad River Brewing Co.
- Mendocino Imperial
- Michelob
- Mickey's Ice
- Mickey's Malt
- Miller Beer
- Miller Genuine Draft
- Miller Genuine Draft Light
- Miller High Life
- Miller High Life Light
- Miller High Life Lite
- Miller Lite
- Miller Lite Ice
- Milwaukee's Best
- Milwaukee's Best Ice
- Milwaukee's Best Light
- Minhas Oktoberfest
- Moosehead
- Natural Ice
- Natural Light
- O'Doul's
- Olde English 800
- Pabst

### Pet

- Fresh Step
- Friskies
- Litter Green
- Sanderson Farms
- Science Diet
- Skippy
- Wayne Farms
- Bud Light
- Budweiser

### Beer

- 1845 Pils
- Alexander Keith's
- Anheuser-Busch
- Anheuser-Busch Bass
- Beck's
- Black Eye Ale
- Black Hawk Stout
- Blue Heron Pale Ale
- Boxer
- Bud Light
- Budweiser
- Pale Ale
- Peregrine Pilsner
- Pyramid
- Red Dog
- Red Tail Ale
- Reserve
- Rolling Rock
- Sam Adams
- Sharp's
- Shergill IPA
- Shock Top
- Sparks Malt
- Staropramen
- Stegmaier
- Stella Artois
- Swiss Amber
- Talon Extra Select Double IPA
- White Hawk Select IPA

### Connect:

- www.ethixmerch.com

### Disclaimer:

Our goal is to provide you with the very best & most accurate information available. If you notice a product or brand on this list that you believe was listed in error or would like to see a product added please let us know. We used the following sources to create this list.

- aflcio.org
- labor411.org
- howtobuyamerican.com
- unionplus.org